



## BEGINNER

**This beginner trail is appropriate for all individuals looking for breathtaking views.**

### ADERO Canyon Overlook

You will get panoramic views of Fountain Hills, Vistas of Four Peaks and the unique Tonto National Forest. You will be hiking in the Sonoran Desert with a wide variety of flora and fauna.

- One mile out and back with an elevation gain of 126 feet
- Approximate Duration: 45 minutes
- Restrooms are available at the trailhead

● **Starting Point** | ADERO Canyon Trailhead: Valet Drop Off

● **Ending Point** | ADERO Canyon Trailhead: Valet Pick Up

Can be found at the Northeast end of the Valet Drop Off (20 yards from the gate). The trail will be on your right and you should proceed forward along the ridgeline at a gentle ascent until you reach a fork in the path (approx. 0.2 miles). Bear right and continue along until you reach the overlook.

★ Just 0.2 of a mile you will come to a fork, bear right and continue along the trail.

★ Turn around and follow the trail back to starting point.



**In the case of an emergency, please dial 911.  
If non-urgent help is needed, please contact 480-333-1824.**

## INTERMEDIATE

This intermediate trail features panoramic views with a rugged half-mile ascent.

### ADERO Canyon Overlook

- 2.2-mile loop with an elevation gain of 467 feet
- Approximate Duration: 90 Minutes
- Restrooms are available at the trailhead
- You will be hiking in the Sonoran Desert with a wide variety of flora and fauna.

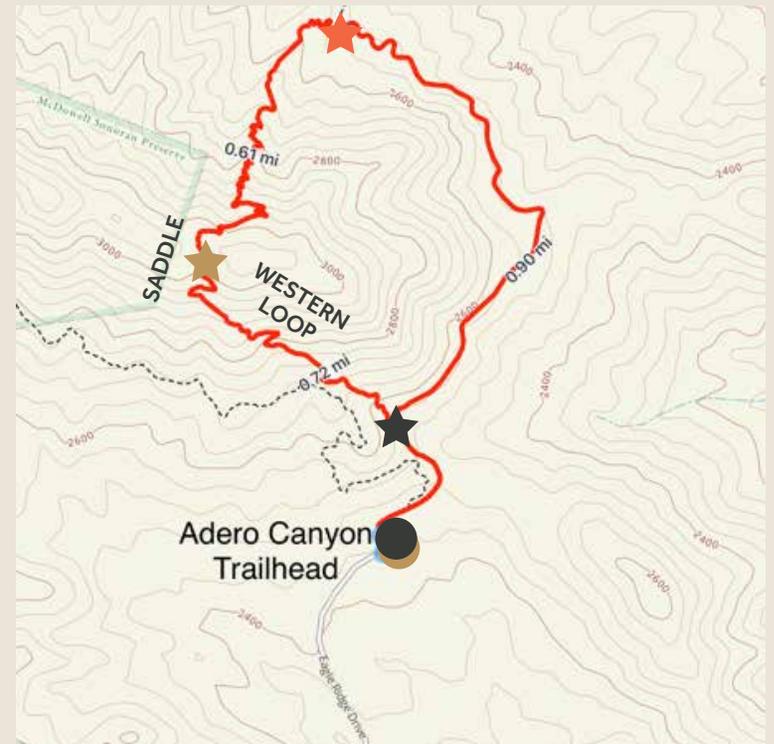
● **Starting Point** | ADERO Canyon Trailhead: Valet Drop Off

● **Ending Point** | ADERO Canyon Trailhead: Valet Pick Up

Can be found at the Northeast end of the Valet Drop off, through the gate.

- ★ Continue on the trail to the right of the dirt road for 0.9 mile.
- ★ Turn left onto a small trail up to the saddle for 0.61 miles. This section of the trail is steep. Go slow and watch your footing as you make your way to the Saddle that has expansive views of the New River Mountains and Tonto National Forest.
- ★ Once on the Saddle enjoy the breathtaking views of Four Peaks, Fountain Hills and a saguaro forest.

Begin a careful descent down the Western Loop Trail back to the ADERO Canyon trailhead (0.75 miles).



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## ADVANCED

This advanced Sonoran Desert hike is for the energetic with a summit experience.

### ADERO – Sunrise Trail – ADERO Scottsdale Resort

- 6.2-mile trail with an elevation gain of 1,922 feet
- Approximate Duration: 3 Hours
- Restrooms are available at the trailhead

● **Starting Point** | ADERO Canyon Trailhead: Valet Drop Off

● **Ending Point** | ADERO Scottsdale Resort- Front Entrance

At the ADERO Canyon Trailhead look for Andrew/Kinsey Trail on the left.

Take the trail for a few miles to the Sunrise trail junction stay left to the Summit Junction trail right. Climb, rest and take-in the panoramic views of Four Peaks, Tonto National Forest and the Valley of the Sun.

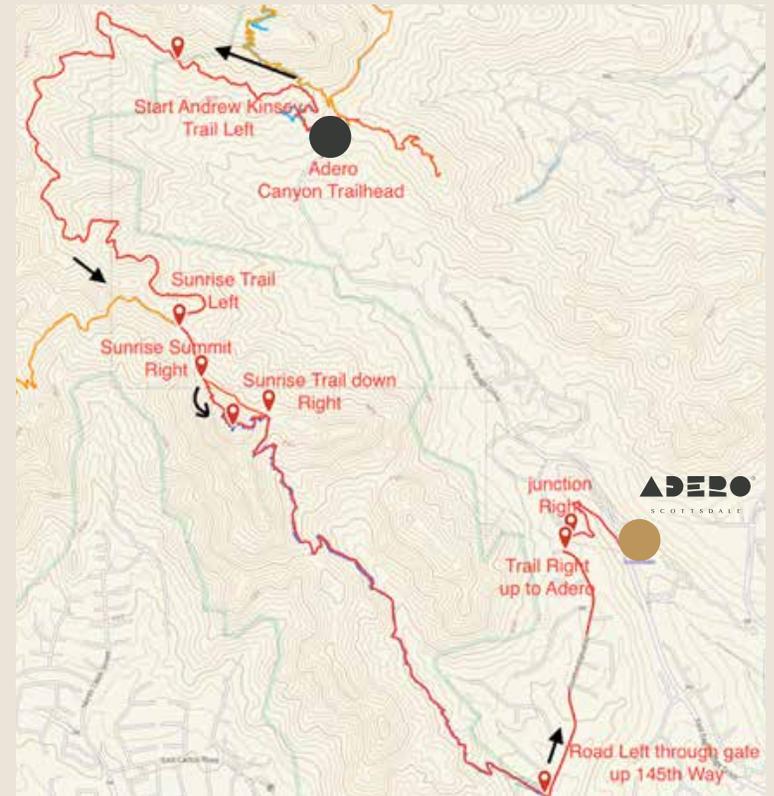
On the descent stay right to the main trail at the bottom of the summit where you will find the main trail.

Stay right for your 1.8-mile descent to the Sunrise trailhead.

Once at the road, go left and through the gate up 145th way.

At the end of 145th way there will be a trail on the right that leads to ADERO Scottsdale.

At a small junction stay right up to the resort.



In the case of an emergency, please dial 911.

If non-urgent help is needed, please contact 480-333-1824.



## HIKING SAFETY

**It's very important to practice safe hiking in Arizona! More than 200 hikers are rescued every year in Phoenix alone. To keep you and your group safe, and emergency responders where they're needed most, please read the following safety tips from Arizona State Parks & Trails.**

### COVID-19

- Make sure you keep six feet of distance between you and other hikers, and announce your presence when you approach.
- Step off the trail for a moment to let someone pass if necessary.
- If you're feeling unwell, stay home! It's not worth the risk.
- Stay close to the resort when you do go out, and make sure you pick a trail that isn't too crowded.
- Wash your hands before you go, carry hand sanitizer, and check park restrictions at [www.azstateparks.com/coronavirus](http://www.azstateparks.com/coronavirus).

### Be Prepared

- Check the weather and dress appropriately!
- Arizona's dry heat can sneak up on you, so wear a hat, sunscreen, and appropriate clothing (light-colored, moisture-wicking and breathable is best!).
- Check the weather, and hike in the early morning or late evening when the sun doesn't blaze quite as hot.
- Check the trail conditions so you know what you're getting into before you go.

### Hike with Friends

- Hiking is better with a group! Besides having company, friends can help check up on each other, make informed decisions, and call for help if needed.
- If you do decide to hike solo, carry a cell phone and let someone know where you're going and how long you plan to be gone.

### Bring Water

- Drink plenty of water during your hike, and make sure you have more than enough.
- Even if the weather is cooler, you need to stay hydrated during your hike.
- You should drink half a liter to a full liter or more every hour, depending on the weather and level of exercise.
- Snacks help too!
- Turn back before you get halfway through your water supply.
- Please make sure you don't hike beyond your ability. Know yourself and pay attention to what your body is telling you!

### Pet Safety

- It can be dangerous for pets to spend excessive time outdoors in higher temperatures, so make sure you understand your pet's abilities and pay attention to their behavior.
- Pets heat up and cool off differently than humans, so don't base their health level on how you're feeling.
- Heatstroke can be life-threatening for pets and they need plenty of water and shade to stay cool.
- For signs and treatment of heatstrokes, check out the Humane Society's guide to keeping pets safe in the heat ([www.humanesociety.org/resources/keep-pets-safe-heat](http://www.humanesociety.org/resources/keep-pets-safe-heat)).