



## SMOOTHIES

### SUPER GREEN (V) 8

Kale | Spinach | Cucumber | Celery | Mint | Lemon | Ginger | Coconut Water

### BERRY PATCH 8

Assorted Berries | Banana | Vanilla Protein Powder | Coconut Water

### CREAMSICLE 8

Mango | Orange Juice | Protein Powder | Coconut Milk | Ginseng

### COCO MOLE 8

Cashews | Banana | Chile Powder | Cocoa Powder | Honey | Cinnamon |  
Almond Milk

### POST WORKOUT GAINS 8

Yogurt | Banana | Peanut Butter | Honey | Chocolate Protein | Almond Milk

## ALL DAY OFFERINGS

### FRUIT & CHEESE PLATE 12

Figs | Berries | Grapes | Gouda | Manchego | Derby

### PROTEIN BALLS 7

Almond Butter | Oats | Chocolate Chips | Chia Seed Flax Seed |  
Honey | Coconut | Cinnamon

### OVERNIGHT OATS 7

Oats | Almond Milk | Honey | Cinnamon | Vanilla

### YOGURT & GRANOLA PARFAIT 7

### MIXED BERRY CUP 6

### FRUIT CUP 6

### BAGELS WITH CREAM CHEESE 5

### PLAIN CROISSANTS 5

### MUFFINS 4

### PASTRIES 4

### COOKIES 3





## BREAKFAST

### BREAKFAST BURRITO 12

Chorizo | Potatoes | Cheese | Egg | Peppers | Onion

### VEGGIE BREAKFAST BURRITO 12

Egg | Cheese | Grilled Vegetables

### CROISSANT BREAKFAST SANDWICH 10

Egg | Cheese | Buttery Croissant

### BAGEL BREAKFAST SANDWICH 10

Egg | Bacon | Cheese

### BREAKFAST SANDWICH 10

Egg | Sausage | Cheese

## SALADS

Add Protein To Your Salad: Chicken | Shrimp - \$8

### CHOPPED SALAD 15

Baby Kale | Yuzu Mustard Vinaigrette  
Marcona Almonds | Goji Berries | Roasted Squash

### CUTINO MISO CAESAR 16

Romaine | Croutons | Pecorino Romano

## LUNCH

### SONORAN WRAP 12

Chard Corn | Ancho Chicken | Crisp Romaine | Diced Tomato |  
Pepper Jack Cheese | Chipotle Aioli

### GARDEN VEGETABLE WRAP 12

Crisp Lettuce | Bell Pepper | Carrot | Jicama | Cucumber  
Baby Radish | Hummus

### ROAST BEEF SANDWICH 12

Boursin Cheese | Carmalized Onion | Crisp Lettuce | Tomato

### ADERO CLUB 12

Oven Roasted Turkey | Crisp Romaine | Avocado | Horseradish  
Havarti | Tomato | Herb Mayo

### VEGGIE SUB 12

Grilled Zucchini | Squash | Roasted Red Pepper | Onion | White Cheddar

